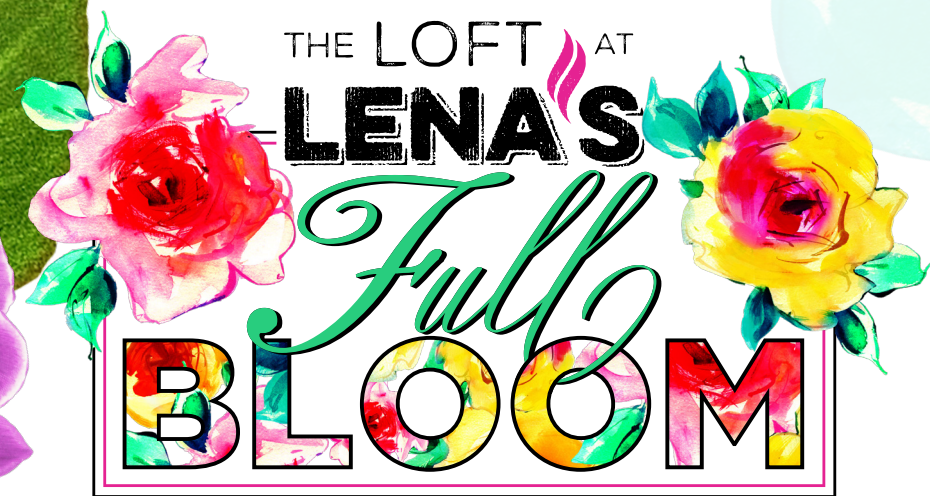




## Soups

- ITALIAN SAUSAGE SOUP** 8  
cannellini beans, spinach, Italian mild sausage, parmesan breadcrumbs
- CHEF'S SEASONAL SOUP** 8

## Starters

- SPINACH-ARTICHOKE DIP** 12 V  
creamy spinach-artichoke dip, crostini
- LENA'S CRAB DIP** 15.5  
lump crabmeat, garlic cream cheese, roasted corn, toasted crostinis
- GARLIC BREAD** 9  
focaccia, pepperoni sauce
- CALAMARI** 14  
sautéed, grilled or flash fried with cherry peppers; spicy marinara
- GARLIC-PARMESAN WINGS** 14  
calabrese-ranch dip
- WHITE BEAN DIP** 10 V  
cannellini beans, garlic oil, sliced cucumbers, carrots, celery  
*add rustic bread +3*

- LENA'S GIANT MEATBALL** 14  
10 oz. house-made all beef meatball, fresh mozzarella stuffed, marinara sauce
- LENA'S ANTIPASTO PLATTER** 25  
prosciutto di parma, sopressata, marinated olives, marcona almonds, house-made giardinera, stuffed sweet peppadew, fresh mozzarella, parmesan, dried figs  
*(serves minimum of two)*

## Salads

- add: grilled salmon\* +8, chicken +6, shrimp +7, or steak\* +11*
- MIXED GREENS** 9 V GF  
cherry tomatoes, cucumbers, shaved red onions, radishes, red wine-garlic vinaigrette
- CAESAR\*** 11  
hearts of romaine, roasted garlic focaccia croutons, shaved parmesan, creamy garlic dressing
- BURRATA & PROSCIUTTO** 18 GF  
18-month aged prosciutto di parma, burrata, baby heirloom tomatoes, basil, extra virgin olive oil, balsamic glaze
- OVEN ROASTED BEET SALAD** 13.5 V GF  
baby spinach, red & golden beets, pickled red onions, feta cheese, sherry vinaigrette

- PROSCIUTTO & ARUGULA SALAD** 13.5  
baby arugula, prosciutto di parma, pears, sliced red onions, shaved parmesan, roasted focaccia croutons, balsamic vinaigrette
- INSALATA CON POLLO** 16  
fried chicken, baby arugula, gorgonzola cheese, bartlett pears, toasted pecans, sweetie drop peppers, sweet mustard dressing

## Sandwiches

- choice of mixed green salad, caesar salad, garlic-parmesan fries or house-made chips*
- LENA'S BURGER\*** 16.5  
smoked provolone, crispy pancetta, caramelized onions, roasted garlic-sun dried tomato aioli, onion brioche bun
- LENA'S ITALIAN HOAGIE** 16.5  
mortadella, prosciutto, sopressata, salami, sun dried tomatoes, iceberg, red onions, hot peppers, mozzarella, parmesan, basil, hoagie roll

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\*Served raw or undercooked or may be ordered undercooked. The Virginia Department of Health warns you that raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness

## House-Made Pasta

- BUTTERNUT SQUASH-RICOTTA GNOCCHI** 15 V  
wild mushroom red wine ragu, parmesan, brown butter sage cream sauce
- SEAFOOD ARRABBIATA** 23  
jumbo shrimp, point judith calamari, basil, spicy red clam sauce, house-made linguine
- GRILLED CHICKEN ALFREDO** 18  
creamy alfredo sauce, parmesan, house-made linguine
- PENNE ALLA VODKA** 16  
roasted red peppers, parmesan, sun dried tomatoes, vodka tomato sauce, house-made penne *(add chicken +6, shrimp +7, salmon\* +8 or steak\* +11)*
- CASARECCE VEGETABLE PASTA** 16 V  
seasonal farmers market vegetables, house-made casarecce pasta, white wine, creamy basil pesto *(add chicken +6, shrimp +7, salmon\* +8 or steak\* +11)*
- LASAGNA** 19  
bolognese, béchamel, fresh mozzarella
- MEATBALL & SPAGHETTI** 18.5  
lena's giant meatball, marinara, parmesan, extra long hand cut spaghetti
- SPAGHETTI ALLA BOLOGNESE** 18  
zesty meat sauce, house-made spaghetti, parmesan, basil

## Entrées

- SCALLOPS ALLA RISOTTO\*** Market Price  
seared scallops, creamy arborio wild mushroom risotto
- SLOW BRAISED LEG OF LAMB** 32  
braised leg of lamb, rosemary mint red wine, creamy parmesan polenta, gremolata
- STEAK FRITES\*** 31  
8 oz hanger steak, truffle-parmesan fries, grilled asparagus
- GRILLED SALMON & FREGOLA\*** 20  
charred yellow corn, peas, red peppers, fresh plum tomato, fregola pasta, parmesan butter cream sauce
- EGGPLANT PARMIGIANA** 17.5 V  
breaded eggplant, marinara, fresh mozzarella, extra long hand cut spaghetti
- CHICKEN PARMIGIANA** 18.5  
breaded chicken breast, mozzarella, provolone, extra long hand cut spaghetti
- LENA'S SUNDAY GRAVY** 25  
lena's 24-hour slow simmered tomato gravy, meatballs, beef braciola, parmesan, sweet italian sausage, house-made spaghetti

## 900° Wood-Fired Pizza

*10" round/14" round. The extreme heat of the oven may cause some blistering or charring of the crust - it's authentically delicious. GF option available, 10" only; +2.*

- MARGHERITA** 15/19 V  
fresh mozzarella, crushed san marzano tomatoes, plum tomatoes, basil, olive oil
- PROSCIUTTO & ARUGULA** 17/21  
prosciutto di parma, arugula, fresh mozzarella, parmesan
- DI CARNE** 17/23  
sweet italian sausage, prosciutto, pepperoni, fresh mozzarella
- SEASONAL ROASTED VEGETABLES** 14/18 V  
balsamic reduction, herbs, tomato sauce
- PEPPERONI** 17/21  
tomato sauce, mozzarella, hand cut pepperoni
- SAUSAGE & PEPPERS** 17/21  
mild italian sausage, caramelized onions, roasted red peppers, smoked provolone
- CHICKEN-CALABRESE RANCH PIZZA** 18/21  
fresh mozzarella, calabrese ranch, grilled chicken, pepperoni, roasted peppers
- MUSHROOM** 15/19 V NTS  
béchamel, wood roasted wild mushrooms, mozzarella, truffle oil
- DIAVOLA** 17/22  
spicy sopressata salami, mozzarella, fried kale, calabrese pepper hot honey
- MEATBALL** 17/21  
house-made all beef meatball slices, roasted garlic oil, ricotta, basil, mozzarella

## Sides

- FRIED BRUSSEL SPROUTS** 8 V  
**POLENTA FRIES** 8 V GF  
**CHARRED BROCOLINI** 6 V GF
- GRILLED ASPARAGUS** 6 V GF  
**SAUTÉED GARLIC WILD MUSHROOMS** 6 V GF  
**GARLIC-PARMESAN FRIES** 5

V = vegetarian    GF = gluten free    NTS = no tomato sauce



# Full BLOOM Beverages

## Sangria

**ITALIAN RED SANGRIA** 7.5 25

our original house-made recipe with chianti, tuaca, limoncello, fresh citrus

**CITRUS WHITE SANGRIA** 7.5 25

our original house-made recipe with moscato, orange liqueur, honey, peach schnapps, citrus fruit

**PEACH ROSÉ SANGRIA** 7.5 25

our original house-made recipe with rosé, blueberries, grapefruit, peach, sparkling rosé

## Sparkling

- **La Marca Prosecco DOC**, Veneto 9/32  
**Nino Franco "Rustico" Valdobbiadene Prosecco Superiore DCG** 49
- **Riondo Prosecco Rosé**, Veneto IGT 10/36  
**Molo 8 Lambrusco**, Mantovano DOC 30

## White

- |                                                                                                                                                                                                                                                                                                                                                                     |             |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|
| <ul style="list-style-type: none"><li>• <b>Lena's House Pinot Grigio</b> 8/12/26<br/><b>Benvolio Pinot Grigio</b>, Friuli, Graves DOC 28</li><li>• <b>Tasca d'Almerita</b>, Sicilia Regaleali Bianco, Sicily 10/15/36</li><li>• <b>Maso Canali Pinot Grigio</b>, DOC Trentino 11/16.5/40</li><li>• <b>Mokoroa Sauvignon Blanc</b>, New Zealand 11/16.5/40</li></ul> | LIGHT BODY  |
| <ul style="list-style-type: none"><li>• <b>Tormaresca Chardonnay</b>, Puglia IGT 10/15/36</li><li>• <b>Primo Bianco Mesa</b>, Vermentino, Di Sardegna DOC 10/15/36<br/><b>The Pairing</b>, Chardonnay, Sta Rita Hills, Santa Barbara California 68</li></ul>                                                                                                        | MEDIUM BODY |
| <ul style="list-style-type: none"><li>• <b>Feudi Di San Gregorio</b>, Falanghina, Sannio, Campania 12/18/44</li><li>• <b>Annabella</b>, Chardonnay, Napa Valley, California 10/15/36<br/><b>Castello della Sala "Bramito del Cervo" Chardonnay</b>, Umbria IGT 56</li></ul>                                                                                         | FULL BODY   |

## Rosé

- **Lena's House Rosé** 8/12/26
- **Santa Cristina "Cipresseto,"** Toscana IGT 11/16.5/40
- **Mont Gravet**, Languedoc, France 9/13.5/30  
**Pietradolce Rosato**, DOC, Sicilia 42

## Red

- |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |             |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|
| <ul style="list-style-type: none"><li>• <b>Kris Pinot Noir</b>, Sicilia 10/15/36</li><li>• <b>Toscolo Chianti DCG</b>, Toscana 9/13.5/32</li><li>• <b>Di Majo Norante</b>, Sangiovese Terre degli Osci IGT 8/12/32<br/><b>Cecchi Chianti DCG</b>, Toscana 36</li><li>• <b>Jezebel Pinot Noir</b>, Oregon 14/21/52<br/><b>De Lancellotti</b>, La Sorella Pinot Noir, Oregon 72</li></ul>                                                                                                                                                                                                           | LIGHT BODY  |
| <ul style="list-style-type: none"><li>• <b>Lena's House Cabernet Sauvignon</b> 8/12/26<br/><b>Santa Cristina "Le Maestrelle,"</b> IGT (Sangiovese/Merlot/Syrah), Toscana 36</li><li>• <b>Allegrini "Palazzo della Torre,"</b> Veronese IGT, (Corvina Veronese/Rondinella/Sangiovese) Veneto 52<br/><b>Cusumano Nero d'Avola</b>, Terre Sicilia IGT 34</li></ul>                                                                                                                                                                                                                                   | MEDIUM BODY |
| <ul style="list-style-type: none"><li>• <b>Donna Olimpia Tageto</b> (Cabernet Sauvignon/Merlot/Petit Verdot/Cabernet Franc), Toscana IGT 13/19.5/48</li><li>• <b>Matane Primitivo</b>, Puglia IGT 9/13.5/32<br/><b>Allegrini Valpolicella DOC (Corvina Veronese/Rondinella)</b>, Veneto 48<br/><b>Villa al Cortile "Riserva" Brunello di Montalcino</b>, Toscana DCG 99<br/><b>Terrabianca Campaccio IGT</b>, (Sangiovese/Cabernet Sauvignon), Toscana 69<br/><b>Reversanti Barolo</b>, Piemonte DCG 78</li><li>• <b>Quilt</b>, Cabernet Sauvignon, Napa Valley, California 25/37.5/100</li></ul> | FULL BODY   |

- **Wines By the Glass offered in 6 oz. or 9 oz. pour**

*Live life in full bloom. Share your moments with us.*

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## Non-Alcoholic Refreshers

**HOUSE-MADE LEMONADE** 5

flavors: raspberry, strawberry, blood orange, peach

**FRAGOLA BOLLE** 4.5

strawberry, pineapple, soda water

**APULIA** 5.5

mint, blueberries, lime, soda water

**SICILIAN POMPLEMO** 5.5

grapefruit juice, agave nectar, lime

## Signature Cocktails

**ITALIAN PALOMA** 13.5

altos reposado tequila, san pellegrino grapefruit soda, fresh citrus juice

**BLACKBERRY ROSÉ COLLINS** 12.5

beefeaters, muddled blackberries, lime juice, sparkling rosé

**BLOOD ORANGE "NEGRONI"** 12

absolut, campari, sweet vermouth, blood orange purée

**LIMONCELLO MARTINI** 12.5

absolut, limoncello, lemon juice

**ZENZERO** 11.5

bombay sapphire, ginger shrub, grapefruit bitters, tonic

**VIALÉ** 12.5

bourbon, vermouth, aperol, orange bitters

**LA DAME** 13

monkey 47 gin, galliano, lemon juice, lemon bitters, mint

**CALABRESE MARGARITA** 13.5

altos reposado tequila, triple sec, calabrese peppers, fresh lemon & lime juice

## Frozen

**FROSÉ** 12.5

rosé wine, absolut strawberry juice, strawberry purée, fresh lime juice

**SEASONAL FROZEN** 12.5

## Draft Beer

**Lionshead Pilsner**, Bavarian Pilsner, PA | 4.5% 8

**Stella Artois**, Belgian Lager, Belgium | 5% 8.5

**Fairwinds Quayside Kölsch**, German Golden Ale, VA | 4.5% 8.5

**Devil's Backbone**, Vienna Lager, VA | 5.2% 8.5

**Port City**, Optimal Wit, Belgian Style White Ale, VA | 4.5% 8.5

**Lost Boy**, Comeback Kid, Apple Cider, VA | 6.9% 9

**Denizens Southside Rye IPA**, MD | 7.2% 8.5

**Vasen Lager**, Golden Lager, VA | 5.1% 9

**Three Notch'd**, 40 Mile IPA, VA | 6% 8.5

**Stone**, Indian Pale Ale, VA | 6.9% 8.5

**Solace Suns Out Hops Out**, Session IPA, VA | 4.8% 8.5

**New Realm**, Hazy Like a Fox, New England Style IPA, VA | 6.5% 8.5

**Guinness Stout**, Irish Dry Stout, Ireland | 4.2% 10.5

**Port City**, Seasonal Selection, VA

**Sam Seasonal**

**Seasonal Rotator**

## Bottled & Canned Beer

**Kaliber, Non-Alcoholic**, Ireland | 0.05% 7

**Pabst Blue Ribbon**, American Lager, WI | 4.8% 7.5

**Austin Eastcider's Blood Orange**, Cider, TX | 5% 8

**Dogfish Head**, SeaQuench Ale, Session Sour, DE | 4.9% 8

**Peroni Nastro Azzuro**, Euro Pale Lager, IT | 5.1% 8

**Bell's Two Hearted Ale**, American-style India Pale Ale, MI | 7.25% 9.5

**Sixpoint**, Resin, Imperial IPA, NY | 9.1% 10.5

**James River**, James Bean Vanilla Oatmeal Porter, VA | 6.9% 9